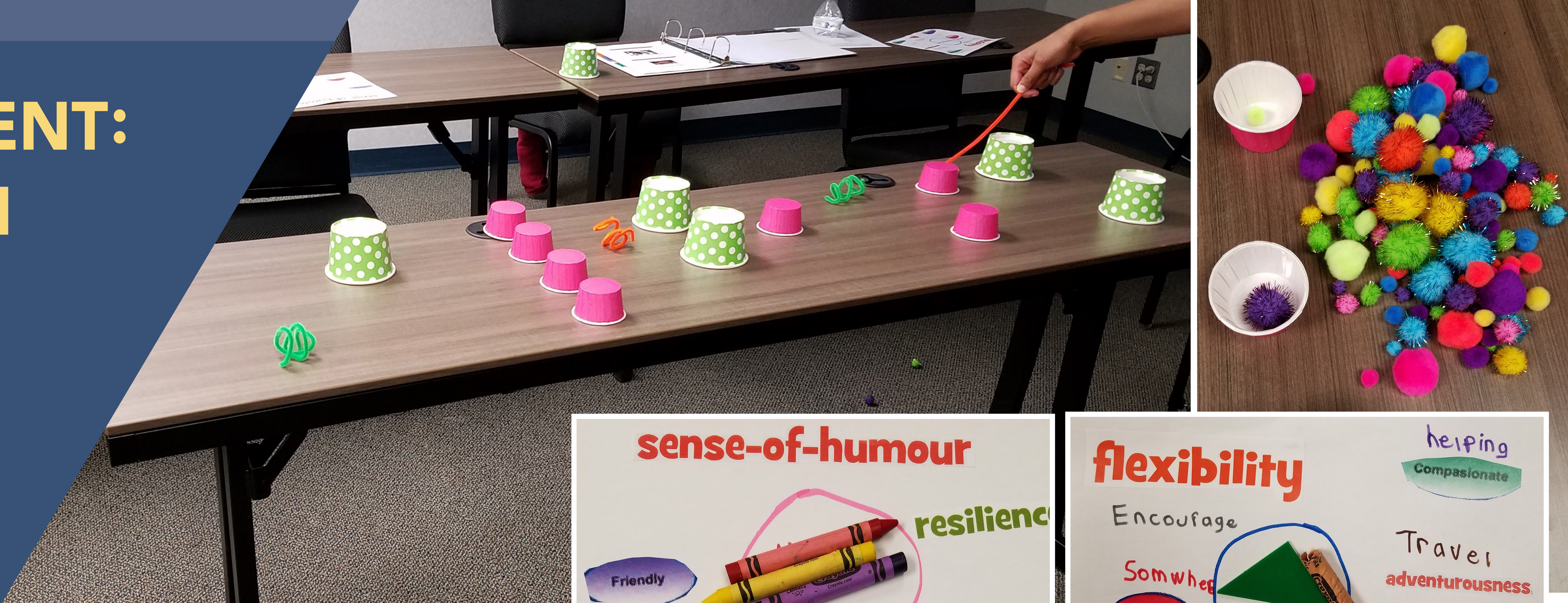


SUCCESS STORY IN ENGAGEMENT: MOVING FROM PRESENTATION TO ACTIVITY AND DISCUSSION

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QUICK TIPS

- ▶ Consider the student's lens – how will they interpret things?
- ▶ Be flexible and willing to adapt when needed.
- ▶ React and adapt based on student audiences' energy.
- ▶ Consider processing time and respect it.
- ▶ Use all skill sets and knowledge.
- ▶ Consider alternatives and BE CREATIVE.
- ▶ Be willing to engage in the process and have fun.

GOAL AND OUTCOME

The **goal** was increased self-determination skills through a youth training; the **outcome** was a renewed outlook on how to engage students by working together to utilize all expertise to reach students and help them develop self-determination skills. Through these adaptations, participants moved from quietly listening and answering questions to integrating content in everyday life through engaging in active student-driven discussions, interactive activities and role-playing opportunities. Students reported the activity based training to be fun, interesting, and useful.

THIRTEEN COMPONENTS OF SELF-DETERMINATION

1. Choice making skills
2. Decision making skills
3. Problem solving skills
4. Goal setting and attainment
5. Independence and risk taking
6. Self-observation and evaluation
7. Self-instruction skills
8. Self-advocacy and leadership skills
9. Positive efficacy and expectation
10. Self-knowledge and awareness
11. Understanding and ability to talk about disability
12. Disclosure and requesting accommodations
13. Skills for obtaining and using assistive technology

TRADITIONAL TRAINING TO INTERACTIVE DISCUSSION BASED ACTIVITIES

Content Presentation	– – – – –	→	Role Plays
Worksheets	– – – – –	→	Solution-focused Discussions
Canned Examples	– – – – –	→	Interactive Worksheets & Activities
Content Review Discussion	– – – – –	→	Real-life Examples
Adult Originated Discussion	– – – – –	→	Videos with Relatable Topics & People
Professional Relevant Disability Videos	– –	→	Fun Games that Highlighted Session Content
Sedentary Activities	– – – – –	→	Safe Peer Discussions